

Pre-sedation Patient Instructions for Oral Sedation

For the safe treatment of the patient, the following pre-sedation instructions must be followed very carefully

Oral Sedation

- *** Under no conditions can you drive yourself to or from the office. A responsible adult (excluding a taxicab driver) must pick you up after the appointment and accompany you home.**
- ***Your ride must accompany you inside the office when you are dropped off for the appointment and arrive at the office no later than half hour before your appointment ending (they may leave during the appointment to grab a coffee, run a quick errand, ect) and they must be available to be contacted by phone if needed. Once your appointment has ended they will be notified of the post operative instructions.**

Food and Beverages

- It is essential that the stomach be empty at the time of the sedation appointment.
- Do not eat any solid foods within 6 hours of the sedation appointment.
- Do not drink anything, even water, for at least 3 hours before the sedation appointment.
- Do not drink any alcohol prior to treatment

Medications

- It is essential to discuss with your dentist whether or not you should take medication(s) you otherwise take on a regular basis.

Clothing/Contact Lenses

- Wear loose casual clothing for the appointment (e.g., short sleeve tee shirt). Female patients should wear slacks.
- If possible, wear glasses to the appointment.

Smoking

- Refrain from smoking prior to treatment

Transportation

- **Under no conditions can you drive yourself to or from the office. A responsible adult (excluding a taxicab driver) must pick you up after the appointment and accompany you home.**
- Public transportation is not recommended.

Change in Health Status

- If your general health deteriorates (e.g., cold, cough, fever, ect.) contact the dental office prior to the day of the appointment. If in doubt, please phone the office to discuss the change in health status.

If you have any questions, please do not hesitate to ask them. It is important that you understand the circumstances surrounding this treatment.

Post-sedation Patient Instructions for Oral Sedation

Following sedation, 24 hours may be required for the full effects of the drugs to wear off. During this period, it is essential that you follow these instructions.

Oral Sedation

Discharge from Office

- The patient must be discharged into the care of a responsible adult who can accompany him/her home.
- Arrangements should be made to have a responsible adult remain with the patient for the balance of the day and during the night.

Transportation To and From the Office

- Private automobile is preferred. Public transportation is not recommended.

Food and Beverages

- Clear liquids are advised for at least 6 hours and, after that, diet as tolerated.
- Do not drink alcohol in any form for 24 hours.

Medications

- Resume normal medication as directed by physician after appointment.

Activity Restrictions

- Do not operate motor vehicles, boats, power tools or machinery for 24 hours or longer if drowsiness or dizziness persists.

Problems

- If you experience any acute pain, heavy bleeding from the surgical site, respiratory problems, or any other post-operative problem, please notify the dental office.